

Yang Black Water Tiger

February 1, 2022 marks the beginning of Year of The Water Tiger, ending January 21, 2023.

This promises to be a *tumultuous* year of unexpected shifts and changes! The Water Tiger is extremely explosive, spontaneous, determined, enthusiastic and innovative. And combative. Prepare for an action packed year, full of great momentum. Albeit adventurous, the Tiger is restless by nature, and can bring unsettling changes and unpredictable sudden turns of events. Whoa. Tiger leaps into things in big ways, and often impulsively.



Let me break this down. The 3 main components that comprise the energy of this year are:

1. The Earthly Branch of WOOD - the innate element of the Tiger;
 2. The Heavenly Stem of Water - the main energy source of the year;
 3. Yin / Yang energy - We have Yang, Yang, and then more Yang!
- All of these combine to form the personality and qualities of the year.

YANG WATER element dominates the year, symbolized by powerful ocean water. It can portend challenges but is also associated with positive ambition, innovations, great endurance, is straightforward and forceful. Water can reveal deep emotions, often fear, but can help us accept change. *Yang* Water can also provide us with curiosity, kindness, intuitive intelligence, maturity and responsibility. We will need all that. Water is also associated with spiritual communication and the Mystery and Magic. Professions in the mystical arts such as Shamanism, Astrology, Feng Shui, and intuitive work will have an increase in interest this year.

"Water has a relentless power. It gives an organism the ability to trust, to wait until the moment is right and then irrupt like a geyser or a sprouting seed from the darkness of the earth into the light. Water is about instinctual power, aligned courage and wisdom, the power of life force, the will. It's the desire to grow, to thrive and live fully. Really, it's The mystery of life. Listen to the voices of the wisdom of the body and of the heart. This will help bring the wheel into an alignment with our true power and strength." (Lori Dechar, The Five Spirits)

Of all the Tigers the Water Tiger is the least reckless of the five types of Tigers. Its Water nature can help release things that are no longer needed - a purification which *needs* to happen this year, and the sooner the better, for healing our past wounds is paramount in order to effectively move forward. This is the year to really ditch this stuff.

YANG WOOD symbolizes energy and enthusiasm of new growth of early Spring. Think of the energy of new sprouts bursting up out of the ground after winter roots have fully developed, signifying an auspicious year for starting new things. New business, new relationship, new approach, basically - look at life in a whole new way. Tigers are risk-takers. Tiger's Wood element is representative of the *Thunder* Trigram - eruptive and shaking things up with power.

"The Spirit of Wood is the energy of new beginnings and progressive movement reaching toward the future. It gives an organism the ability to maintain integrity through the storm winds of growth and transformation. Wood has to do with vision and imagination, which bring creativity and growth into our lives. We move forward with power, envisioning possibilities. Wood supports the function of decision making, clear direction and finding our true path, our purpose in life. Wood promotes self responsibility, knowing one's own values and taking a stand for one's beliefs." (Lori Dechar, The Five Spirits)

The interrelationship between the 2 elements Water (Heaven) on top of Wood (Earth) is harmonious since Wood is supported by Water, symbolizing creativity and strong growth. This makes the wood of the Tiger *especially* strong. This combination will inject powerful creative juice in the arts. Water over Wood can also symbolize a fierce ocean, a tsunami, indicating potential for impulsive and violent actions, conflict and tension. Expect this current polarization to continue this year. There is a hidden *Yang Fire element* inside the Tiger, bringing some long-awaited warmth, happiness, confidence, compassion and optimism. We haven't seen any fire in the Chinese astrology chart for the last three years, a very welcome addition to the mix. The Water Tiger is also very passionate, and the Fire element will flame the heart, it likely being a good year for new relationships or deepening current ones.

We have a supercharged **Yang** year, with huge forward momentum and movement, and (hopefully) lots of travel. **Tigers** do not like being in a cage, they like to move. A lot. With too many restrictions, the energy can stagnate and impatience and aggressiveness can arise. Tigers are also territorial and combative. We may see posturing and confrontational behavior around boundaries. Because restlessness and anger is likely, watch for acting out in reckless and rebellious ways. Water Tiger can be petulant! Practicing compassion will be invaluable this year, thank goodness the Tiger is also known for direct and empathetic communication.

HEALTH: Make concerted efforts to establish healthier habits, particularly in communicating with and understanding the body. Take extra care of liver and gallbladder, lungs and digestive system. Water element correlates to the kidney so be careful not to overdo. Kidney is also related to fatigue, knees, low back, and thyroid, and is associated with the emotion of fear. Wood element is liver and gallbladder, associated with anger and resentment. Fear gives birth to anger as water creates wood. Grounding will be crucial for managing emotions. Strive for balance between physical exercise and spiritual/contemplative practices - both need to be upgraded and increased to avoid stagnation and navigate exhaustion with this year's super intense energies. Surround yourself with nature, beauty, art, music, healthy food, body work, and self-care. What nourishes you? Take responsibility for creating good health and well being.

IN SUMMARY:

- * Not a good year to procrastinate, be decisive before leaping.
- * Seize growth opportunities of this dynamic year- dream big, take actions on ideas and visions from the last 2 years. Strive for something bigger and greater. What you focus on expands.
- * There will be challenges, use the available perseverance energy to accomplish goals. Take educated risks. Take responsibility and be prepared.
- * Go with Water Tiger's higher frequencies: transcendence, heightened intuition, compassion, creative innovations, spiritual growth and awakening, acting from the heart.
- * Leaps of faith and releasing of the past that no longer works for us with forgiveness.
- * Beginning new things, looking at life in a new way, opening into a new consciousness.
- * Use inner wisdom to flow with intense changes. Practice patience, good boundaries, kindness, acceptance, forgiveness, and stay centered in our own values.

Towards the end of 2022, things should calm down quite a bit as we get closer to the next year of the peaceful Yin Rabbit. We will surely need a bit of a breather until the following year 2024 when we'll need to buckle up big time for the Yang Wood Dragon.

Wishing you all many Blessings for a most wonderful Year of the Water Tiger!

Gaela

Note: I have included some insights on 9 Star Ki and Numerology/Tarot for 2022, if interested.

9 Star Ki Astrology is another system based on the 5 elements, but different than the Chinese Zodiac. The energy of the year changes February 1, as does the Feng Shui of your home. The format is the Bagua, which is also used in Feng Shui.

FLYING STARS 2022

SE	4	9	2	SW
E	3	5	7	W
NE	8	1	6	NW
	N			

In 2022 the **5 Earth center star** rules the chart for the energy of the year. This is significant due to the fact that all the elements will be their home positions, which hasn't happened for 8 years. This gives all the elements *double* strength, and individually, this gives us the ability to feel more centered and grounded in our own power.

This is a moist Earth year, related to the dark rich soil of early spring, ripe for planting new seeds to grow something new with deep roots. It's considered a *rebirth* year - whatever is started this year, whether a new business, a new relationship or even taking a new direction and doing things a new way, has long lasting potential. Make wise decisions as they can have far-reaching consequences in this crossroads year. What you put your attention on whether positive or negative will expand greatly this year.

Although exciting, this can be an exhausting year. 5 Center star holds enormous energy and like having too much coffee there may be an over abundance of fiery energy, bringing up anger and potential for explosive events, disruptions, conflict and violent debates. 5 Earth also represents chaos and challenges, and could be considered a hurricane year. Practice going to the eye of the storm, keeping centered to harness the chaos. Centering and grounding practices like meditation, Chigong, yoga, and breathing practices will be crucial.

We can *collectively* come into our power this year.

Numerology

Numerology is an ancient system based around spiritual and symbolic meanings of the numbers from 1 to 9. It's a totally different system than 9 Star Ki.

2022 is the Universal number 6 - the embodiment of the heart, unconditional love and the ability to support, nurture, and heal. It is a powerful force of compassion and empathy and its warm light is a beacon of hope. Its role is to use its heart and soul to be of service to others. The 6 in Numerology shines in partnerships of all kinds but especially emotional ones.

Here is a very in-depth forecast from a brilliant numerologist if you're interested in reading more about the numerology of 2022:

<https://www.worldnumerology.com/blog/2022-numerology-forecast.html>

I find **Angeles Arrien's Tarot** interpretations to be spot on - Tarot is based on numerology. The symbols of the 2 archetypes of the year are in her interpretations below:

The three twos in 2022 add up to a 6, a Universal number represented by **The Lovers** card. Of the Lovers, she says: "Principle of: Art and Craft of Relationship. All the symbols on the card are paired. The Lovers remind us that in every relationship what is required is curiosity and playfulness, loyalty and commitment. It is important that we trust our intuition, and that we have right attitude in our beliefs and in our thinking. Through our action and behavior, it is important to implement what has passion, heart and meaning for us. All relationships are a transformative experience, spiritually we transform and let go of all the identities, like the snake shedding an old skin. Essentially the Lovers archetype reminds us that fundamental sincerity is the only proper basis for forming relationships of any kind.

This may be a time when all relationships are reassessed, a year where you deepen and expand certain relationships and where you may want to shed other relationships that you feel you have outgrown. You will no longer be willing to support relationships that are not equal and

special. It is a weigh-in between two issues, two directions or two situations in which would be a better choice, or how to bring two or more choices together in order to create a greater whole in your life, either professionally or personally. This is a year which may be a turning point within any cycle of change that you are experiencing.”

It’s also interesting to see what the High priestess is about. 2022 is made up of three 2’s. **The High Priestess** is #2 in the Tarot: “The principle of intuition, self trust and self resourcefulness. There is a strong feeling of spiritual depth.

During a High Priestess year, one evaluates who one is and who one is not. There is need for balance and harmony, requiring trust in one’s own self resourcefulness and perceptions. Often during this year an individual experiences the emergence of a new identity. It marks a period during which one has a little tolerance for being limited or restricted. One could be drawn to water areas and have a deep need to remove oneself from disharmonious situations. The High Priestess with her sun/moon crown represents each persons commitment to have equal balance in strength and softness.”

All of these systems point to a very intense year of massive changes, imperative decision making, relationship themes and action/forward movement.

Blessings,

Gaela

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